



RECOMMENDATIONS

To climb mountains is necessary to have the specific equipments for this activity, to know their correct use and the progression techniques of the climb.

The shocks caused by a fall are extremely violent. No material resist shocks. This is the reason why the use of the heatsink is compulsory.

ADVICES

To all, but especially for beginners, We recommend to be accompanied by experts - information guides 0971 986042 (Castelmezzano) 0971 983 110 (Pietrapertosa) 334 7880084/331 9340456 www.ledolomitilucane.com

MINIMUM EQUIPMENT RECOMMENDED

- · Helmet for mountaineering,
- Harness
- Complete set for a Y route with a fall energy dissipation absorber and two mountaineering connectors type K.
- A pair of mountaineering gloves
- Boots for mountaineering.
- Rental EQUIPMENT: www.ledolomitilucane.com

CAUTION

- It's imperative to respect the direction of circulation of the routes
- Don't make the climb in case of rain, snow or wind
- Respect the environment and the ornithofauna
- Do not leave rubbish





DolomitiRocks Is the place where mountaineering in Basilicata.

A set of structures and equipped elements, made paintings on rock walls Dolomites Lucane, to facilitate the climb safely in a hiking route and climbing breathtaking

Strong emotions to live in complete safety through to unique routes soaked in a natural heritage of extraordinary beauty: the Marcirosa and the Salemm trails (via ferratas).

Open from 10 july 2015.



How to get it

By bus

When you arrive in Potenza, on weekdays only, continue with Sita bus service to arrive in Castelmezzano or with Renna bus service to arrive in Pietrapertosa.

By car

From Potenza take the main road SS 407 Basentana as far as the Albano junction to Castelmezzano or continue as far as the Pietrapertosa junction.

From Melfi follow the SS 958 as far as the SS 407 Basentana and then go towards Metaponto for 7 kilometres as far as the Albano junction to Castelmezzano or continue as far as the Pietrapertosa junction

From Naples: Drive along the A3 SA-RC motorway as far as the Sicignano junction and then follow the Sicignano motorway junction as far as Potenza. When you arrive in Potenza continue on the SS 407 Basentana as far as the Albano junction to Castelmezzano or continue as far as the Pietrapertosa junction. From Bari: Follow the road signs to Matera and then the SS 7 as far as the entrance to the SS 407 Basentana, continue towards Potenza as far as the Pietrapertosa junction or continue as far as the Albano junction to Castelmezzano.

By train

Arrive in Potenza by Ferrovie dello Stato (via Foggia or via Taranto) or by the trains of Ferrovie Appulo Lucane then continue by bus or by car.

Start point

Come in one of two municipalities (Castelmezzano / Pietrapertosa), for the rental of equipment, go to the ticket the "Flight of the Angel" (www.volodellangelo.com). After follow the directions as "Path of the Seven Stones".

Castelmezzano (Lat. 40.524377 | Long. 16.046388)

Pietrapertosa (Lat. 40.521358 | Long. 16.059690)









